

HOMEOPATHIC AND CHINESE HERBAL MEDICINES

I have given homeopathic and Chinese herbal suggestions for various medical conditions. I do not have them for sale. This is a free service to you in hopes that you feel/are as healthy as possible so that you may fulfill your life's destiny.

There are many homeopathic formats, depending on where you live. In India, the remedies may be made by hand. In South America or Europe the dosages may be in centesimal increments, while in North America they may be delineated in tenths. Homeopathic come dissolved in medicinal alcohol liquid, or in tablets or pellets of milk sugar.

The lower dosages such as 3x or 6x are close to tincture or original form. The rule is to take 6x, 12x, and/or 30x potencies for physical conditions, every fifteen minutes for acute illnesses and three times a day for more benign conditions. 200x or 1M potencies are for mental-emotional symptoms and are to be taken anywhere from three times a day to once a month. Nosodes or homeopathics made from morbid tissue matter or poisons should NOT be taken in low dosages. I have given guidelines for potencies, but ask the homeopathic dispenser for the proper potency and dosage for your condition.

Chinese herbals come in tincture, water or alcohol infusion, powder, pills or capsules. The dosages depend on the length and severity of the condition, the inherent strength of the patient, the patients age/sex and weight, and the form of herb; e.g. Water infusion can either be very weak, or very strong, depending upon method of preparation and the quality of the herb decocted. Over the counter pills are less strong and can be taken for a long time, while the same formula in powder or pill could be very strong and not appropriate for any longer than two weeks. Ask your herbal dispenser for the proper potency and dosage for your condition.